



# LIFE WITH THE HOLY SPIRIT

ENJOYING INTIMACY WITH  
THE SPIRIT OF GOD

Instructor: Andrea Ward  
*Author: Katherine Ruonala*



# AGENDA



- The Comfort and Counsel of the Spirit
- The Holy Spirit and Forgiveness
- The Holy Spirit and Victory
- The Spirit of Supernatural Peace
- The Spirit of Intercession and Love
- Your Closest Friend



# THE COMFORT AND COUNSEL OF THE SPIRIT

## Patterns of Anxiety

A pattern means to continue to happen or develop in a particular way, especially in a way that is expected. We were not created to be anxious about anything. Anxiety is a functioning spirit of the stronghold of fear. A spirit that God did not give to us (2 Timothy 1:7).

## Subconscious Worries

Our mind defaults back to an old human pattern of anxiety (and the need to control outcomes, a form of idolatry). A tendency that is lying beneath the surface of our conscious thoughts. Worry is the THIEF of peace and joy.

## Anticipation of God

There is a difference between living in anticipation of what God is going to do and living in anxiety about what might happen. We are told to cast all our anxieties on the Lord because He cares for us (1 Peter 5:7). Preoccupation with fears and concerns is not part of our design.

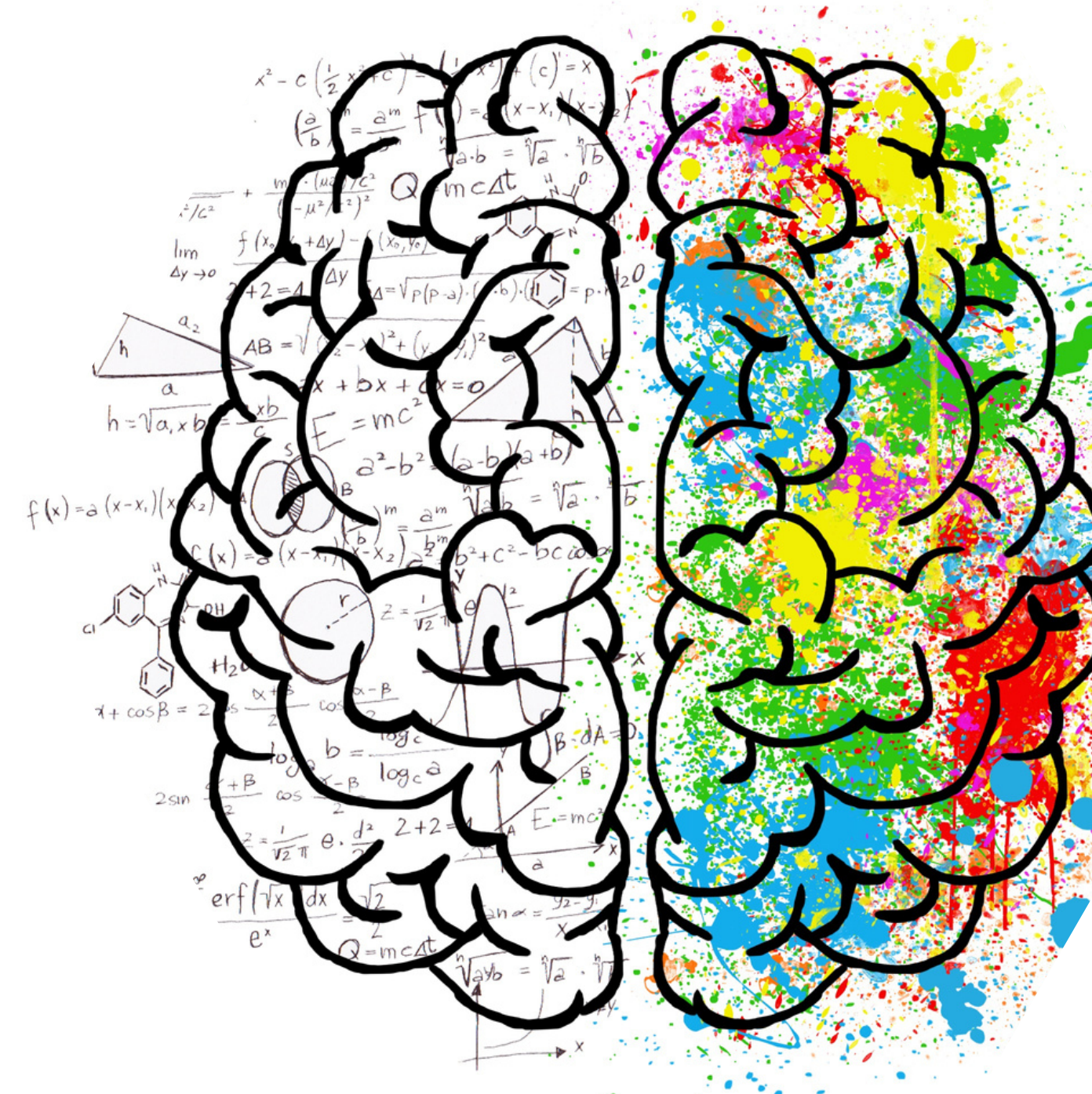
## Strongholds & Arguments

We walk in the flesh, but do not war according to the flesh. Our weapons are not carnal, we pull down strongholds, cast down arguments and every high thing that exalts itself against the knowledge of God. And we bring every thought into captivity to the obedience of Christ.

# A NEW WAY TO THINK

It's time to embrace the mind of Christ. His mind-set is life and peace and freedom. We must consciously discipline our minds not to conform to old destructive patterns of human thinking. As we begin to think Christ's thoughts- aligning ourselves with His purposes; the cares of this world, anxieties, and worries will no longer junk up the space He wants to fill.

Jesus said the cares of the world would make His people unfruitful (Matthew 13.22).



# HEARTS MADE FOR LOVE

- Jesus came for us as the perfect sacrifice, we have a new nature by the power of the Holy Spirit.
- **Our hearts were made for love, not judgement.** Healing and peace are a part of our inheritance and a major ministry of the Holy Spirit in our lives.
- Mercy triumphs over judgement (James 2:13), and it was Jesus's joy to become the One who was judged so we could be given mercy. **Forgive quickly.**
- We are supposed to discern right from wrong, we are allowed to say when something is wrong. That is not judgement. We can even confront someone for wrong behavior, **so long as we do it with love.** Never assume or accuse: calling an action evil vs. calling a person evil. This is judgement.





# THE WALLS WE BUILD

## Judgements

Judgements and offenses will affect your sense of peace and joy. We are to express our thoughts, concerns, cares, pains, shame, disgrace, etc... we are to give it **ALL** to the Lord.

## Offenses

**Pray:** Ask the Lord to give you favor in the places where you've suffered. And choose to silence the enemy in your heart and mind and refuse the temptation to enter into judgement. Instead, choose the peace that Holy Spirit offers and look forward to experiencing God's blessing and His double recompense.

# THE HOLY SPIRIT AND VICTORY

## VICTORY

Preparation for victory is valuing the Word of God by reading and praying the Bible. We should develop the habit of praying and declaring the Word of God and making it personal. It is a key to living in victory.

## FAITH

The enemy hates everyone made in the image and likeness of God, and seeks to destroy them. It is in our nature by faith to overcome obstacles and trials. We are to live and move and have our being in Christ (Acts 17:28). He is the One who overcomes. In Him so do we (the simplicity of faith).

# THE SPIRIT OF SUPERNATURAL PEACE

A deep longing in our hearts is for peace - SHALOM of God's Kingdom that we are designed to experience. Supernatural peace, wholeness. Supernatural sight to see and continually recognize our need for the Holy Spirit. Embracing the Prince of Peace (Jesus Christ). We are to live heavenly minded to release His peace on earth. Overflowing with the love of Christ, a transforming power. At rest in Christ, peace that confounds people.



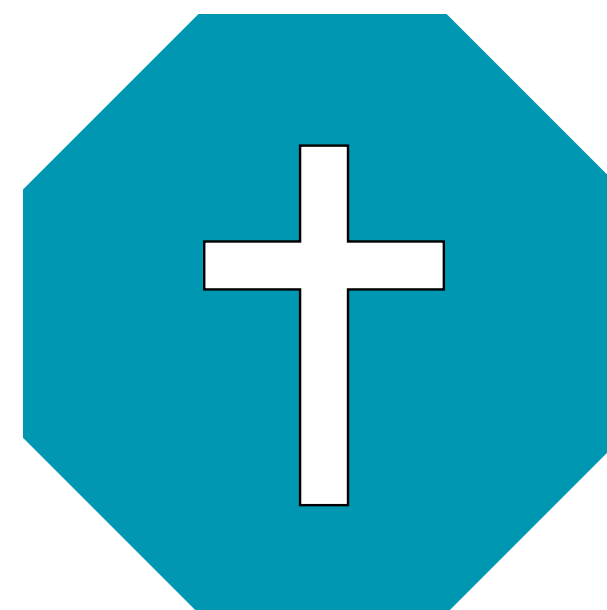
**WHAT IS PEACE**



**CRY FOR MORE**



**PEACE THAT  
SURPASSES  
UNDERSTANDING**



**CARRIERS OF  
GLORY**



**WORLD  
CHANGING PEACE**





# THE SPIRIT OF INTERCESSION AND LOVE

Romans 8:26 tells us that the Spirit helps us in our weaknesses, not just in prayer but everything. Our victories and triumphs are directly linked to our partnering with the Holy Spirit in prayer. Perfect prayers line up perfectly with God's will. There is NO barrier to the Holy Spirit's prayer. We are all intercessors.

**The heart of intercession is simply being a friend of God.**

# YOUR CLOSEST FRIEND

It is a fellowship designed to keep us in perpetual delight, peace, righteousness, and joy. The Holy Spirit is with us all the time, and He is always on our side.

Relationship takes time. In order to develop intimate fellowship with the Holy Spirit, we have to invest quality time.

As we invest in our relationship with the Holy Spirit through spending quality time together, we will experience the richness and depth of the most fulfilling relationship imaginable.





**Any Questions  
or Thoughts?**