

Exhibit A

(A) Can you recall when you first learned about forgiveness? Was there an experience that prompted you being taught on the subject? Do you remember who the person was who first shared with you on the subject of forgiveness?

Do you remember what this first person conveyed to you regarding forgiveness? As you reflect on what they shared or taught you, did it align with scripture?

Is the Holy Spirit bringing fresh revelation and perspective to a former way of thinking regarding forgiveness?

(B) Do you feel there are types of offenses some people may find harder to forgive than others? (examples: those that involve finances, or our family, or betrayals)

Do you consider some offenses as easier to forgive? Is it easier to forgive what people have said or done to us personally over say what may have been said or done to our children or family members?

(C) Instead of asking or seeking resolve thru forgiveness, have you ever found yourself choosing to blame life circumstances? Do you think excuses and justifications are how most people avoid addressing the need to forgive? Do you ever find yourself factoring in the weight of a circumstance when deciding if you feel a person has done wrong? Are there things you could list or make note of that would be “freeing” if you chose to forgive?

(D) Do you recall a time (or times) where you found yourself sharing secrets about a person or persons you had forgiven? Do you remember when you realized or knew doing this wasn't the response God would desire? If yes, how did you handle it?

(E) After someone has wronged us, how can we remain genuine and approachable towards them?

***** JOURNAL ENTRY***** (Choose one of the questions below to journal with the Holy Spirit that is the most applicable to you)

- 1) The deepest wounding or pain you can recall happening in your life; does it still 'take up space' in your heart/ life that you prefer it didn't? Have you received healing in your soul in regards to this area? What is God speaking to your heart when you ask Him these questions? Take whatever He may reveal to you and journal what you feel you are receiving from Him.

2) Do you have any relationship where you have put communicating with a person 'on hold' because the person wronged you (or you feel they have) and to you it seems they aren't aware or don't seem to care that you feel wronged?

For journaling this question: Ask the Holy Spirit what He would want to convey to you in this type situation. Or if this is a situation you have already experienced with positive resolve; then journal the teaching lessons and results of implementing what the Holy Spirit revealed to you.