

# TOTAL FORGIVENESS CURRICULUM OUTLINE

## WEEK # 1

### **Examining what comprises totally forgiving**

- A. We are biblically given a mandate to forgive ( A mandate by dictionary definition is an official order or commission to do something. To give authority to act in a certain way)

Key Scriptures For Meditation:

“Be kind and compassionate to one another, forgiving one another, just as in Christ God forgave you.” ( Ephesians 4:32)

“Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you.” ( Colossians 3:13)

- B. Explore what totally forgiving is ‘not’ comprised of
- C. Examine key components necessary to totally forgive
- D. Examine different aspects of bitterness. Will explore what forgiving God and forgiving others entails.

## WEEK #2

### **Key ways to have confidence total forgiveness has been internalized**

- A. We will examine the life of Joseph of the Bible for strong biblical illustration of the principles demonstrated in total forgiveness
- B. We will review seven principles from Joseph's life that exhibit total forgiveness ( 1 John 4:18, Matthew 5:44, Luke 23:34)

### **Forgiveness as it correlates to the Lord’s Prayer**

Key Scriptures for meditation:

“For if you forgive men when they sin against you, your heavenly Father will also forgive you. But if you do not forgive men their sins, your Father will not forgive your sins.” ( Matthew 6:14-15)

“Forgive us our sins, for we also forgive everyone who sins against us” ( Luke 11:4)

Matthew 6: 9-13

Matthew 18:23-26 and 28-31

### **Not taking the role that belongs to God**

A section of this chapter will be covered in week two ( “Do not judge, or you too will be judged. For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you.” Matthew 7:1-2)

Luke 6:38

### WEEK # 3

### **Not taking the role that belongs to God continued:**

We will discuss the use of our words and if they are aligning with edification.

Key scriptures for meditation:

Luke 17:3-4, Romans 12:19, Matthew 7:3

## **Is there a time when we have the right to judge?**

“Why do you look at the sawdust in your brother’s eye and pay no attention to the plank in your own eye? How can you say to your brother, ‘let me take the speck out of your eye’ when all the time there is a plank in your own eye? You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother’s eye.” ( Matthew 7:3-5)

- A. Examining if there is a time when we are permitted to judge
- B. Removing of plank
- C. Critical eye/Critical heart ( Proverbs 17:20, Matthew 13:29)
- D. Examining what it means to judge with righteous judgment ( John 7:24)

## **Forgiving and Forgetting**

We will discuss what it means to lay the past to rest.

Key scriptures for meditation:

John 21:15-17

Matthew 26:69-75

## **Additional biblical wisdom for complete forgiveness**

“But I tell you: Love your enemies and pray for those who persecute you.”  
(Matthew 5:44)

Additional discussion on ways of extending forgiveness

Key Scripture for meditation:

Ecclesiastes 7: 21-22