

Exhibit B

(A) Judging another person wrongly is something many can relate to having done. Is there an instance you can recall/relay where you have experienced this? What was the outcome?

Have you ever felt you were judged wrongly? Do you recall the feelings or emotions you experienced? How would you say it affected your faith walk? Did it make you more resolute, stronger, or challenged in your faith?

(B) Have you ever had plank in your eye? If so, what made you recognize that you did? What may be an example of a speck in another's eye?

Have you ever known a person who is always focused on the speck in another's eye? Have you ever found yourself succumbing to doing the same? Why do you think people find it easy to point out specks in another while ignoring/dismissing their own plank?

*****JOURNAL ENTRY*****

Is there something that has occurred in your life where you feel you have not been able to forgive yourself? If yes, how do you imagine you will feel if you purpose to forgive yourself by releasing the unforgiveness to Jesus?